



## SIGMA™ ACCESS SYSTEM

### GENERAL INFORMATION:

The Sigma Access System is intended to aid the surgeon's visualization of the surgical area and allow for performance of spinal procedures. The Sigma Access System includes the following subsystems: Sigma LIF PTP™, Sigma TLIF, Sigma Medialized, and Sigma LTP™.

### INDICATIONS FOR USE:

The Sigma Access System is designed to provide access and exposure to the spine for the performance of surgical procedures.

### CONTRAINDICATIONS:

The Sigma Access System is contraindicated for patients with an allergy or sensitivity to instrument materials.

### WARNINGS/CAUTIONS:

1. The instruments of the system are provided non-sterile and must be cleaned and sterilized prior to use. Refer to the CLEANING and STERILIZATION sections. Instruments marked single use are disposable devices, designed for single use and should not be reused or reprocessed. Reprocessing of single use instruments may lead to instrument damage and possible improper function.
2. The following statements apply to single use instruments:
  - a. Inspect the packaging for signs of damage. Do not use devices if package is opened, damaged, or past the expiry date.
  - b. Do not re-sterilize instruments.
  - c. Do not use scratched or damaged devices.
3. Device components should be received and accepted only in packages that have not been damaged. Damaged or worn instruments should not be used. Components must be carefully handled and stored in a manner that prevents scratches, damage, and corrosion.
4. Do not over-retract. To reduce risk of patient injury, only use as much retraction as necessary to provide adequate exposure and access.
5. The Tertiary Dilator (PN: 250-050) and SafeOp Stimulating Dilator Kit, Sterile - Oval (PN: AIX1335-S) have been designed to be used only with the Sigma LTP Access System. The Tertiary Dilator (PN: 100602) and SafeOp Stimulating Dilator Kit (PN: AIX1330-S) must not be used with the Sigma LTP Access System.
6. The instruments of Alphatec Spine product lines should not be used with any other company's spinal systems.
7. To prevent possible nerve damage and associated disorders, extreme caution should be taken to avoid the spinal cord and nerve roots at all times.

### PREOPERATIVE MANAGEMENT:

1. Surgeons should have a complete understanding of the surgical technique, system indications, contraindications, warnings and cautions, as well as functions and limitations of the instruments.
2. Careful preoperative planning should include surgical approach strategy, pre-assembly of component parts (if required), and verification of required inventory for the case.



## REPROCESSING OF REUSABLE INSTRUMENTS

### General Information for all Instruments:

- **Point-of-Use Processing:** To facilitate cleaning, instruments should be cleaned initially directly after use in order to facilitate more effective subsequent cleaning steps. Place instruments in a tray and cover with a wet towel to prevent drying.
- The cleaning process is the first step in effectively reprocessing reusable instruments. Adequate sterilization depends on thoroughness of cleaning.
- The cleaning and sterilization processes in this IFU have been validated and demonstrate that soil and contaminants have been removed leaving the devices effectively free of viable microorganisms.
- It is recommended that all new relevant clinical practice guidelines be followed as per the *CDC guidance, "Guideline for Disinfection and Sterilization in Healthcare Facilities, 2008."*
- It is recommended to rinse the device components with water that meets specifications for *AAMI TIR34 "Water for the reprocessing of medical devices, 2014"* for example, DI/RO water.

### Instrument Preparation:

- Cleaning, inspection, lubrication, and sterilization must be performed by hospital personnel trained in the general procedures involving contaminant removal.
- Instruments must be cleaned prior to lubrication and sterilization.
- All instrument hinged, rotating, and articulating parts must be lubricated prior to sterilization with a water soluble and sterilizable lubricant intended for surgical instruments (Hinge-Free<sup>®</sup> for example).
- Certain instruments may be disassembled prior to cleaning.

### Cleaning Instructions for all Instruments:

- Instruments must be cleaned prior to sterilization. Cleaning, maintenance, and mechanical inspection must be performed by hospital personnel trained in the general procedures involving contaminant removal.
- Disconnect all handles/knobs prior to cleaning.
- Complex instruments, such as those with, cannulas, hinges, retractable features, mated surfaces, and textured surface finishes, require special attention during cleaning. Brush tight tolerance areas with an appropriately sized brush and flush using a water jet or syringe where debris could become trapped.
- Ensure all moving parts of instruments are cleaned at both extents of travel.
- Handle all products with care. Mishandling may lead to damage and possible improper functioning.
- Clean the instruments, trays and inserts using only recommended cleaning solutions. Use of caustic solutions (caustic soda) will damage the instruments.
- Visually inspect each instrument for deterioration such as corrosion and worn components; ensure that the laser markings are legible and verify that all actuating parts move freely. Visual inspection must be performed at each cleaning to determine if an instrument is acceptable for use. If an instrument is not acceptable for use, return to the manufacturer.

### Cleaning of Instruments, Containers, and Trays:

- All solutions for cleaning must be prepared per the manufacturer's instructions.
- Instruments provided in a set must be removed from the set for cleaning. Instrument trays,



- containers, and lids must be thoroughly cleaned separately until visually clean.
- Ensure instruments are in the fully extended, open position throughout cleaning. Disconnect Quick Connect handles from the shafted instruments prior to cleaning.
  - Pay special attention during cleaning to complex instruments, such as those with cannulas, hinges, retractable features, mated surfaces, and textured surface finishes.
  - Use of water with high mineral content should be avoided.

**Visually inspect the instrument after each cleaning step to ensure the instrument is clean. If not clean, repeat the step until clean.**

**Manual Cleaning Steps for Instruments (Required)**

|        |   |
|--------|---|
| Step 1 | Rinse devices in ambient temperature tap water to remove visible soil.  |
| Step 2 | Prepare enzymatic solution, such as <i>Prolystica</i> <sup>®</sup> <i>2X Concentrate Enzymatic Presoak &amp; Cleaner</i> or equivalent, per manufacturer's recommendations and submerge device in enzyme solution. Actuate the device while it is submerged and soak for a minimum of 10 minutes.   |
| Step 3 | Actuate and scrub the device using an appropriately sized soft bristled brush, such as a <i>Spectrum Surgical code #M-16</i> or 45-542 (or equivalent), to brush any lumens for a minimum of 2 minutes. If needed, actuate at several locations to access all surfaces. Use of a syringe (minimum of 50 ml) or water jet is recommended for the hard to reach areas and repeat 3 times. |
| Step 4 | Rinse devices in Deionized / Reverse Osmosis (DI/RO) water for a minimum of 1 minute.   |
| Step 5 | Prepare cleaning solution, such as <i>Prolystica</i> <sup>®</sup> <i>2X Concentrate Alkaline Detergent</i> , per manufacturer's recommendations and submerge and actuate devices in cleaning solution and sonicate for a minimum of 10 minutes.   |
| Step 6 | Thoroughly rinse devices with DI/RO water to remove all detergent residues.   |
| Step 7 | Dry devices with a clean, lint free cloth or filtered compressed air.   |

**Automatic Washer Cleaning Steps for Instruments**

|        |   |
|--------|---|
| Step 1 | Complex instruments, such as those with cannulations, lumens, hinges, retractable features, mated surfaces, and textured surface finishes, require special attention during cleaning. Brush tight tolerance areas with an appropriately sized brush and flush using a water jet or syringe with ambient temperature tap water where debris could become trapped. Place them into the Washer/Disinfector and process through a standard surgical instrument cycle. |
| Step 2 | Prewash with cold tap water for 2 minutes.  |
| Step 3 | Enzyme wash using cleaner such as <i>Prolystica</i> <sup>®</sup> <i>2X Concentrate Enzymatic Presoak &amp; Cleaner</i> or equivalent, per manufacturer's recommendations, hot tap water (66°C/150°F minimum), for a minimum of 1 minute.  |
| Step 4 | Detergent wash using detergent such as <i>Prolystica</i> <sup>®</sup> <i>2X Concentrate Alkaline Detergent</i> or equivalent, per manufacturer's recommendations, hot tap water (66°C/150°F minimum), for a minimum 2 minutes.  |



|        |  |
|--------|--|
| Step 5 | Rinse 2 times, hot tap water (66°C/150°F minimum), for a minimum 15 seconds. |
| Step 6 | Purified water rinse, hot (66°C/150°F minimum), for a minimum 10 seconds.    |
| Step 7 | Hot air dry (115°C/239°F minimum), for a minimum of 10 minutes.              |

**INSPECTION:**

- Inspect each instrument, container, and tray to ensure that all visible contamination has been removed. If contamination is noted, repeat the cleaning/disinfection process.
- Check the action of moving parts (e.g., hinges, box-locks, connectors, sliding parts, etc.) to ensure smooth operation throughout the intended range of motion.
- Check instruments with long slender features (particularly rotating instruments) for distortion.
- Inspect instruments for any other damage, wear, and/or corrosion.

**STERILIZATION and RESTERILIZATION:**

- All instruments are provided non-sterile and must be steam sterilized prior to use in the provided trays using the validated cycle parameters in the table below.
- Alphatec perforated trays have been validated to achieve a sterility assurance level (SAL) of 10<sup>-6</sup> using FDA cleared sterilization accessories (containers and filters). FDA cleared reusable or paper filters should be used to achieve and maintain sterility after processing.
- Alphatec perforated container/tray configurations have also been validated to a sterility assurance level (SAL) of 10<sup>-6</sup> using FDA cleared sterilization wrap. Perforated container/tray configurations must be double wrapped to allow steam to penetrate and make direct contact with all surfaces.
- Do not stack trays during sterilization.
- Instrument sets have been validated in standard configurations. **No additional items should be added to the set for sterilization.**

**Sterilization Parameters**

| Set Type            | Cycle Type | Temperature      | Exposure Time | Minimum Drying Time | Minimum Cool Down Time |
|---------------------|------------|------------------|---------------|---------------------|------------------------|
| Instrument Only Set | Pre-vacuum | 132°C<br>(270°F) | 4 Minutes     | 45 Minutes          | 75 Minutes             |

**Sterilization Notes:**

- These parameters are consistent with the appropriate version of *ANSI/AAMI ST79 “Comprehensive guide to steam sterilization and sterility assurance in health care facilities.”*

**RETURNING INSTRUMENTS TO ALPHATEC SPINE:**

All used products returning to Alphatec Spine must undergo all steps of cleaning, inspection, and terminal sterilization before being returned to Alphatec Spine. Documentation of decontamination should be included.



## **COMPLAINT HANDLING/REPORTING:**

All product complaints relating to safety, efficacy or performance of the product should be reported immediately to Alphatec Spine by telephone, e-mail, or letter, per contact information below. All complaints should be accompanied by name, part number, and lot numbers. The person formulating the complaint should provide their name, address, and as many details as possible. You may contact Customer Service directly at: [customerservice@atecspine.com](mailto:customerservice@atecspine.com).

For Surgical Technique Guides or additional information regarding the products, please contact Alphatec Spine, Inc. Customer Service directly at [customerservice@atecspine.com](mailto:customerservice@atecspine.com).

For a listing of Symbols and Explanations, see [atecspine.com/eifu](http://atecspine.com/eifu)



### **ALPHATEC SPINE, INC**

1950 Camino Vida Roble  
Carlsbad, CA 92008 USA

(760) 431-9286

(800) 922-1356

[www.atecspine.com](http://www.atecspine.com)

Alphatec Spine, ATEC Spine, the ATEC logo, Sigma, LTP, and PTP are trademarks or registered trademarks of Alphatec Holdings, Inc., its affiliates and/or subsidiary companies. All other marks are the property of their owners.  
©2023 Alphatec Spine, Inc. All rights reserved.